



NORTHERN STAR SCOUTING

WINTER ADVENTURES

FUN • GEAR • TRAINING

Packing List

What You Need to Bring

- ☐ **Regular clothes**
Come out to camp in regular clothes. Bring at least one change of socks and underwear.
- ☐ **Sleeping Bag (for indoor use)**
- ☐ **Pillow**
- ☐ **2 Pair of Top and Bottom Long Underwear**
- ☐ **2-3 Upper Body Warmth Layers**
These layers should be of non-absorbing fabrics again like wool or polyester. Fleece or wool sweaters or vests are great. Cotton should not be used here either.
- ☐ **1-2 Lower Body Warmth Layers**
These layers should be of non-absorbing fabrics again like wool or polyester. Fleece pants are great. Cotton should not be used here either.
- ☐ **1 Upper Body Shell Layer**
This could be a standard winter coat or a raincoat. This layer helps keep out moisture and block the wind. If using a raincoat plan to bring an extra warmth layer.
- ☐ **Lip protection/Lip balm**
- ☐ **Sunscreen**
- ☐ **Sunglasses**
- ☐ **Toiletries**
- ☐ **Flashlight or headlamp**
- ☐ **Health Form (Parts A and B)**

What We Will Provide

- **1 Trained Winter Camping Guide**
- **1 -40°F Mummy Sleeping Bag**
- **2 Foam Sleeping pads**
- **1 8'x10' Tarp**
- **4 Shovels per crew**
- **1 Gear Sled for you to share with a buddy**
- **We provide all the meals and snacks**
- **1 Cook Kit**
- **2 Lightweight Stoves**
- **2 Lanterns**
- **1 Fire Kit**
- **1 First Aid Kit**
- **Map and Compass**
- **Rope, Tape, Toilet Paper, Trash Bags**
- **Night Hike Activity Kit and Star Chart**
- **Balls for activities**
- **Program Supplies**
 - ◊ Snowshoes
 - ◊ Cross Country Skis
 - ◊ Tubing Tubes
 - ◊ Compasses and GPS Units
 - ◊ Star Charts, Maps, etc.
 - ◊ Ice Climbing gear

Optional: Bring it if you have it. If you don't, we can provide it

If you have comfortable and warm winter weather gear that is good quality, great! Our staff will inspect it and make sure it meets our gear standards before clearing it for trail. If you don't have your own gear, that's fine too! We can provide you with what you need to stay warm and have fun.

- ☐ **1 Plastic Bowl**
- ☐ **1 Plastic Mug**
- ☐ **1 Plastic Spoon**
Metal utensils could stick to your tongue.
- **2 Pair Polypropylene Sock liners**
- **2 Pair Warmth Layer Socks**
- **1 Pair Boots with extra liners** Boots Sizes 6 to 17.
These boots have high uppers with a drawstring closure – gaiters are not be needed.
- **1 Pair Mitten Shells**
- **2 Pair Mitten Inserts - Wool**
- **1 Pair Polypropylene Gloves**
- **1 Water bottle and carrier**
- **1 Hat for Day**
- **1 Hat for sleeping on trail**
- **1 Balaclava or Scarf or Face-cover**
Something to cover you neck, face, and part of your head.
- **Extra Warmth Layers**
- **Snow Pants or Wool Pants**
We have wool pants and suspenders. Pant sizes range from 30" - 40" waist line. Sizes outside of this are limited so it is recommended if you have your own wool pants or synthetic snow pants to bring them.

****Do not bring cotton to wear on trail****